

Understanding epilepsy

Assembly script

This content is relevant across the UK and can be adapted for different curricula and for SEN schools.



Aims:

- To understand what epilepsy is and how we can support people with epilepsy.
- To celebrate our differences.

Instructions and teacher notes	Presentation slide
Welcome pupils into the assembly and tell them that today's assembly is all about understanding epilepsy.	1
Talk to the children about how we all have differences and unique qualities and that these are what make us who we are. Ask the children to tell the person next to them something that they like about themselves. Invite some children to share their thoughts. Demonstrate that all the answers were different because we are all different!	2
Explain to the children that they are going to learn about epilepsy and how they can support people. If you have a child in the school with epilepsy, or someone that knows a person who has epilepsy, you could invite them to share something they know about it at this point.	3
Talk to the children about what epilepsy is and about what it might be like for someone living with epilepsy. Talk about some of the things our brains help us to do and how our brains all work differently. You could share the following video from Young Epilepsy if technology and policy allow: https://youtu.be/vy4lo1cq-Kw	4-6
Explain to the children what a seizure is and that there are many different types. Tell the children what some signs of a seizure could be and that they do not need to worry if someone is having a seizure. Again, if there is someone in the school with epilepsy, or that knows someone with it, invite them to share their personal experiences.	7-8
Tell the children that the most important thing they can do if they are with somebody who is having a seizure is to get a trusted adult. Explain that it can be scary if they are with somebody who has a seizure but that an adult will know what to do.	9
Share the true or false statements with the children and ask them to vote on whether they believe they are true or false. You could either ask individual children for an answer or ask everyone to do this via a show of hands.	10-17
Explain that epilepsy can affect each person differently and how they can begin to understand somebody with epilepsy.	18
Share with the children what being a good friend looks like.	19

Instructions and teacher notes	Presentation slide
Tell the children about Young Epilepsy, their support groups, online guides and all the amazing work they do to ensure the voices of young people with epilepsy are heard. Share the information about Purple Day and what children can do to celebrate it.	20-21
Remind the children that we are all different and that this should be celebrated.	22

